



12:00 a.m. - Workshop Room 3

HEART HEALTH AND AGING

Dr. Mihaela Kruger will discuss the effects of aging on the heart, the signs of heart disease, and what you can do to prevent heart disease. She will also provide the audience questions you can ask your doctor to learn more about your risk for heart disease, as well as what everyone should know about high blood pressure as you age.



Speaker: Mihaela Kruger, MD
Board Certified Interventional Cardiologist

Mihaela Andreea Kruger, MD, has been caring for patients in the DFW area since 2014. Dr. Kruger completed her Cardiovascular Medicine Fellowship, and Interventional Cardiology Fellowship at Saint Vincent Hospital in Worcester, MA.

Dr. Kruger specializes in treating coronary artery disease, including acute heart attack interventions, while enjoying the whole spectrum of cardiology from preventative care, hypertension and dyslipidemia management to advanced heart failure and more complex interventions such as transcatheter aortic valve replacement.

Outside of work, Dr. Kruger enjoys spending time with her two sons, playing tennis, gardening and traveling. Dr. Kruger is fluent in Spanish and Romanian, and conversational in French and Italian.