



## *Mid-Cities Care Corps*

### *Helping Hands Volunteer*

- **What is Mid-Cities Care Corps (MCCC) Helping Hands program?**
  - Assisting seniors with minor home repairs and seasonal lawn care
- **What type of services are provided?**
  - Home Safety Inspections (S4S) – annual home safety inspections
  - Minor Home Repairs – minor interior/exterior carpentry, electrical and plumbing repairs
  - Stability Equipment Installation – grab bars, wheelchair ramps, handrails
  - Adopt-A-Lawn – mow a senior’s lawn through the growing season
  - Certified Tech – referral to professional partners for projects beyond volunteer capability
  - Group Service Days – church, student or company groups perform seasonal yard cleanup or minor exterior work (painting)
- **Who can do it?**
  - Home repairs: Individuals or groups with handy man skills
  - Lawn care: individuals, families, small church groups, companies, anyone that can walk behind a lawn mower; mower can be provided if needed
- **What if the repairs are beyond our capability?**
  - MCCC can engage a professional partner to make repairs based available funding
- **How often am I expected to volunteer?**
  - Home repairs: It’s up to you; you can select a project based on your skill set and availability
  - Adopt-a-lawn: every other week or as dictated by grass growth (March – September)

To volunteer call the Mid-Cities Care Corps office # 817-282-0531 or go to [midcitiescarecorps.org](http://midcitiescarecorps.org)