

# HEALTH & WELLNESS



Alzheimer's Association North Central Texas Chapter	<a href="http://www.alz.org/northcentraltexas">www.alz.org/northcentraltexas</a>	800-272-3900
Catholic Charities Fort Worth	<a href="https://catholiccharitiesfortworth.org">https://catholiccharitiesfortworth.org</a>	817-534-0814
Center for Disease Control and Prevention	<a href="https://www.cdc.gov">https://www.cdc.gov</a>	800-232-4636
Grace Grapevine	<a href="https://www.gracegrapevine.org">https://www.gracegrapevine.org</a>	817-251-3939
JPS Health Network	<a href="https://www.jpshospital.org/locations/jpshospital">https://www.jpshospital.org/locations/jpshospital</a>	817-702-1100
Medicaid.gov	<a href="https://www.medicaid.gov">https://www.medicaid.gov</a>	800-252-8263
Medicare.gov	<a href="https://www.medicare.gov">https://www.medicare.gov</a>	800-633-4227
My Health My Resources of Tarrant County	<a href="https://www.mhmrtarrant.org">https://www.mhmrtarrant.org</a>	800-866-2465
North Texas SNAP	<a href="https://www.ntxsnap.org">https://www.ntxsnap.org</a>	817-545-9456
Tarrant County Public Health	<a href="http://www.tarrantcounty.com/en/public-health.html">http://www.tarrantcounty.com/en/public-health.html</a>	817-321-4700
Tarrant County Veteran Services	<a href="http://access.tarrantcounty.com/en/veteran-services.html">http://access.tarrantcounty.com/en/veteran-services.html</a>	817-531-5645
Texas A&M AgriLife Extension Services	<a href="https://agriflifeextension.tamu.edu/solutions/working-on-wellness">https://agriflifeextension.tamu.edu/solutions/working-on-wellness</a>	817-884-1294